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## **COTTERIDGE SCHOOL AUTUMN MENU**



MAIN OPTION<sup>3</sup> **VEGETARIAN OPTION<sup>4</sup> JACKET/GRAB BAG OPTION**\* DESSERT\*

## AVAILABLE DAILY:

SALAD CART/ **FRESH BREAD**/ **CHOICE OF FRESH** VEGTABLES





Jacket Potato served with Baked Beans, Coleslaw, or Grated Cheese Ice Cream, Yoghurt or Fresh Fruit

Egg, Baked Beans & Hash Brown Vegetable Pasta Bake served with a Garlic Slice Jacket Potato served with Tuna & Sweetcorn. Coleslaw or Grated Cheese Chocolate Rice Crispie Cake, Yoghurt or Fresh Fruit

Roast Turkey/Roast Quorn Fillet (V) served with Roast Potatoes, Seasonal Vegetables, Sage & Onion Seasoning & a Rich Gravy Sauce Cheese & Onion Pasty served with Roast Potatoes & Peas Jacket Potato served with Baked Beans, Coleslaw or Grated Cheese Pineapple Upside Down Cake & Custard, Yoghurt or Fresh Fruit

Breaded Cod served with Spaghetti Hoops & Herby Diced Potatoes Homemade Cheese & Potato Pie served with Spaghetti Hoops & a Crusty Slice Jacket Potato served with Tuna & Sweetcorn. Coleslaw or Grated Cheese Cherry Flapjack, Yoghurt or Fresh Fruit

Homemade Assorted Meat Pizza or Chicken Nuggets served with Chopped Potatoes & Baked Beans Homemade Margherita Pizza or Vegetable Nuggets served with Chipped Potatoes & Baked Beans Friday Grab Bag Soft Cheese Salad Wholemeal Sandwich (V) / Tuna & Sweetcorn Wholemeal Sandwich + Cheese & Biscuits + Grape Halves + Small Traybake Cake Pancake & Fruit Drizzle, Yoghurt or Fresh Fruit

## THREE

WEEK COMMENCING 20/09, 11/10, 08/11, 29/11

Meatball & Cheese Sub Roll served with Tex Mex Potato Wedges, Sweetcorn & Peas BBQ Quorn Tortilla Wrap served with Tex Mex Potato Wedges, Sweetcorn & Peas

Full English Brunch, Pork or Veggie Sausage,

WEEK COMMENCING Pork Sausage/Veggie Sausage Hotdog & Onions

served with Cheesy Wedges, Peas & Ketchup Vegetable Chilli Wrap served with Cheesy Wedges & Peas Jacket Potato served with Baked Beans, Coleslaw or Grated Cheese Cheese & Crackers. **Yoghurt or Fresh Fruit** 

Turkey Korma served with Boiled Rice & Naan Bread Vegetarian Korma served with Boiled Rice, Naan & Mango Chutney Jacket Potato served with Tuna & Sweetcorn. Coleslaw or Grated Cheese Strawberry Mousse with Sprinkles, Yoghurt or Fresh Fruit

Roast Chicken/Roast Ouorn Fillet (V) served with Roast Potatoes, Seasonal Vegetables, Stuffing Ball & a Rich Gravy Sauce Meat Free Roll served with Roast Potatoes & Sweetcorn Jacket Potato served with Baked Beans, **Coleslaw or Grated Cheese** Hot Chocolate Sponge & Custard, **Yoghurt or Fresh Fruit** 

Fish Fingers/Vegetable Fingers served with Baked Beans & Saute Potatoes Vegetable Lasagne served with a Garlic Slice Jacket Potato served with Tuna & Sweetcorn. Coleslaw or Grated Cheese Iced Finger Roll, Yoghurt or Fresh Fruit

Homemade Assorted Meat Pizza or Chicken Nuggets served with Chopped Potatoes & Spaghetti Hoops Homemade Margherita Pizza or Vegetable Nuggets served with Chipped Potatoes & Spaghetti Hoops Friday Grab Bag Sweet Chilli Ham Salad Bap/Egg Mayo & Mustard Cress Bap (V)+ Watermelon Slice + Biscuit Pack + Caesar & Sweetcorn Pasta Side Salad Waffle with Toffee Sauce, **Yoghurt or Fresh Fruit** 

ALLERGEN INFORMATION: MENU DESCRIPTIONS MAY NOT LIST EVERY INDIVIDUAL INGREDIENT. WE ARE AWARE OF THE PRESENCE OF ALLERGENS REQUIRING LABELLING, SO PLEASE ASK A MEMBER OF THE CATERING TEAM

## Oven Baked Beef Burger/Quorn Burger served in a Bun with Diced Potatoes & Sweetcorn Veggie Mince Bolognese & Cheese Tortilla Wrap served with Diced Potatoes

& Sweetcorn Jacket Potato served with Baked Beans. Coleslaw or Grated Cheese Sticky Toffee Sponge, Yoghurt or Fresh Fruit

ONE

WEEK COMMENCING

06/09, 27/09, 18/10, 15/11, 06/12

Stir Fried Chinese Chicken & Vegetables served with Egg Noodles & Prawn Crackers Homemade Mediterranean Ouiche served with Tomato, Vegetable & Basil Pasta Jacket Potato served with Tuna & Sweetcorn, Coleslaw or Grated Cheese Chocolate Chip Cookie, Yoghurt or Fresh Fruit

Roast Turkey/Roast Quorn Fillet served with Roast Potatoes, Seasonal Vegetables, Sage & Onion Seasoning & a Rich Gravy Sauce Veggie Toad in the Hole served with Wedges, Green Beans & a Rich Gravy Sauce Jacket Potato served with Baked Beans, Coleslaw or Grated Cheese Apple Crumble & Custard, Yoghurt or Fresh Fruit

Breaded Cod served with Wedges

& Mushy Peas

Macaroni & Broccoli Cheese served with

Seasonal Vegetables & Homemade Crusty Bread

Jacket Potato served with Tuna &

Sweetcorn, Coleslaw or Grated Cheese





Fruit Jelly, Yoghurt or Fresh Fruit Homemade Assorted Meat Pizza or Chicken Nuggets served with Chopped Potatoes & Baked Beans Homemade Margherita Pizza or Vegetable Nuggets served with Chipped Potatoes & Baked Beans Friday Grab Bag Chicken Tikka & Lettuce Wrap or Grated Cheese & Onion Chutney Salad Wrap (V) + Carrot & Cucumber Sticks + Yoghurt

+ Cheese & Biscuits Raspberry Ripple & Vanilla Arctic Roll, Yoghurt or Fresh Fruit

TWO

13/09, 04/10, 01/11, 22/11, 13/12